

# Explore Guides - Resources

The resources below are a guideline for what you can expect to see in some of the Explore Guides activities.

Many activities require no special resources, but you can swap/change the resources for things you already have at home for any activity. For example; googly eyes can be made by using cardboard, paper and a marker.

As you and your Explore Guide can choose which activities to do, you can choose to do ones that don't require you to buy resources, especially if you live remotely.

We hope you have fun with the activities in Explore Guides and we can't wait to see what you do!

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## Craft

- Balloons
- Beads (red and any other colour)
- Cardboard of different colours
- Chalk
- Clear varnish/spray paint
- Empty jar
- Glue Liquid and Glue Stick
- Ink pad (optional)
- Markers/Pens/Pencils/ Colouring Materials
- Paint
- Paintbrushes
- Paper
- Pipe cleaners
- Playdough (ingredients to make your own is optional, or you could buy some if you do not have any)
- Red/orange/yellow cellophane
- Ribbon
- Rulers
- Scissors
- String/Wool/Yarn
- Tape
- Tissue paper

## Ingredients

- Baking powder
- Baking soda
- Butter
- Chocolate chips
- Coconut
- Cornflour
- Flour
- Food colouring
- Golden syrup
- Milk
- Oats
- Sugar
- Vanilla essence

## Outdoors

- Ability to travel
- Flat stones or rocks
- Large stick
- Seedlings
- Seeds

## Household

- Backpack
- Baking supplies
- Blanket
- Bucket
- Camera
- Device to do research on
- Dishwashing liquid
- Egg carton (optional)
- Fairy lights
- First aid kit
- Fly swat (optional)
- Food container
- Glowsticks (optional)
- Insect repellent
- Jumper
- Kitchen supplies like cup measurements
- Lamp
- Map (optional)
- Mirror
- Mobile phone (optional)
- Packet of tissues
- Paper plates
- Pegs
- Pillow
- Plastic clear box
- Printer (if printing templates)
- Raincoat
- Sleeping bag
- Slip on shoes
- Small items to play a Kim's Game with (household items, leaf, bottle cap, small ball for example)
- Small torch
- Soil
- Sunscreen
- Tent
- Torch
- Tray
- Tray
- Water bottle
- Watering can

## Girl Choice

- Specific equipment and ingredients will be required for recipes and challenges that girls can choose what they do.